



Course Rating 68.0

Men's Blue (from 6 Oct 2025)

Par 72

Slope 125

Handicap Index®	Course Handicap™	Handicap Index®	Course Handicap™
+5.0 to +5.0	+10	28.5 to 29.3	28
+4.9 to +4.1	+9	29.4 to 30.2	29
+4.0 to +3.2	+8	30.3 to 31.1	30
+3.1 to +2.3	+7	31.2 to 32.0	31
+2.2 to +1.4	+6	32.1 to 32.9	32
+1.3 to +0.5	+5	33.0 to 33.8	33
+0.4 to 0.4	+4	33.9 to 34.8	34
0.5 to 1.3	+3	34.9 to 35.7	35
1.4 to 2.2	+2	35.8 to 36.6	36
2.3 to 3.1	+1	36.7 to 37.5	37
3.2 to 4.0	0	37.6 to 38.4	38
4.1 to 4.9	1	38.5 to 39.3	39
5.0 to 5.8	2	39.4 to 40.2	40
5.9 to 6.7	3	40.3 to 41.1	41
6.8 to 7.6	4	41.2 to 42.0	42
7.7 to 8.5	5	42.1 to 42.9	43
8.6 to 9.4	6	43.0 to 43.8	44
9.5 to 10.3	7	43.9 to 44.7	45
10.4 to 11.2	8	44.8 to 45.6	46
11.3 to 12.2	9	45.7 to 46.5	47
12.3 to 13.1	10	46.6 to 47.4	48
13.2 to 14.0	11	47.5 to 48.3	49
14.1 to 14.9	12	48.4 to 49.2	50
15.0 to 15.8	13	49.3 to 50.1	51
15.9 to 16.7	14	50.2 to 51.0	52
16.8 to 17.6	15	51.1 to 51.9	53
17.7 to 18.5	16	52.0 to 52.8	54
18.6 to 19.4	17	52.9 to 53.7	55
19.5 to 20.3	18	53.8 to 54.0	56
20.4 to 21.2	19		
21.3 to 22.1	20		
22.2 to 23.0	21		
23.1 to 23.9	22		
24.0 to 24.8	23		
24.9 to 25.7	24		
25.8 to 26.6	25		
26.7 to 27.5	26		
27.6 to 28.4	27		

INSTRUCTIONS

Find the range containing your Handicap Index® in the left column.

Play with the Course Handicap™ in the right column which correspond with that range.

Please make sure the tees you are playing correspond with the tees this table applies to.